

## Relate NI Conference Agenda- 'In Control/ Out of Control. How can we Relate to Healthy and Unhealthy Relationships?'

7<sup>th</sup> November 2024 9am- 4:30pm, Lisburn Island Civic Centre

9am Registration & Coffee/ Tea

9:30am Welcome

9:40am Keynote Speaker, Marcella Leonard

### **'If only.....': Understanding Coercive Control.**

Marcella will discuss the challenges coercive control behaviour raises for victims in describing the nuances of it to professionals for them to understand the severity of the harm, so appropriate action can be taken. The nature of coercive control is not fully understood and the unique modus operandi of each person who engages in this behaviour must be analysed for early warning signs and protective planning to be effective. Marcella, through family experience, discuss the complexity for a victim of coercive control to be heard and how the professional system needs to effectively respond from a whole family approach.

10:55am Panel Discussion

11:30am Coffee/Tea & Scones

11:50am 1<sup>st</sup> Workshop Session

**Workshop 1- Uncontrollable? - The Impact and Legacy of Relational Trauma with Sharon Ramsden**

**Workshop 2- Family Domestic Violence and Coercive Control with Dr Vincent O'Rourke**

**Workshop 3- Family Mediation NI**

1:20pm Lunch

- 2:15pm 2<sup>nd</sup> Workshop Session
- Workshop 4- **From The Cradle; The Importance of Touch**
- Workshop 5- **Creative Therapy Session**
- Workshop 6- **"Where love reigns..."** with Dr Caryl Sibbett
- 3:55pm Ulster University & Relate NI Podcast, 'Relating: Relationship Hacks for Everyday Life' Information Session
- 4:25pm CEO Closure